



Ayahuasca Retreat

2 days / 1 night

OVERVIEW AND HIGHLIGHTS

Be part of one of the most amazing and life change experiences in Peru, Ayahuasca Ceremony which is going to work with your mind, health and spirit just to open the deepest part of you know give you the opportunity to enhance your like and connection with the world.

The ceremonies consist in:

One Ayahuasca session

Cultural

Offering to the Mother Earth

Consultations with the Shamans



AYAHUASCA
RETREAT



TOUR GUIDE



\$ 349 FROM 2 TO MORE
PEOPLE

1 DAY

● CUSCO TO THE AYAHUASCA CEREMONY CENTER

We will pick you up from your hotel at 4:00 pm to take to you to our ceremonial center, traveling 40 hour approx. Once we will arrive to the place should be time to use it to focus on what you would like to get at night with Ayahuasca ceremony. If you believe in the power of prayer suggest you use this time to pray or meditate. This is important to ensure you have enough energy and clarity for the Ayahuasca ceremony. After the meditation time will be the moment to ask about the ceremonies and explain some personal purpose you may have. Then you will initiate the cleaning and flourishing ceremony. The Ayahuasca ceremony began between 6.00 pm and 7.00 pm with Master Ayahuasquero.



2 DAY

● RETURN TO CUSCO

Early in the morning, we will complete our stay with a nourishing breakfast and an integration conversation with the Masters before returning to Cusco in the early afternoon. Strict Indications. Do not consume drugs, alcohol, coffee or chocolate for at least one day prior to your Ayahuasca ceremony. Avoid canned food, red meat and pork, processed meats such as ham, hot dogs, salame, etc... and excessive salt and sugar. You cannot take any prescription drugs, antibiotics, injections, pills or others on the actual days of the Ayahuasca ceremonies. If you regularly take prescription drugs, please advise us in advance so that we can consult with our Ayahuasca master to ensure that you will be able to participate in the Ayahuasca ceremony. You must abstain from any type of sexual relation including masturbation. Women who are menstruating or are pregnant should abstain from participating. We would also like to advise that it is forbidden to smoke, drink alcohol or take any type of drugs during your stay at the retreat center. We remind you that it is not permitted to smoke, drink alcohol and take any type of prescription or non-prescription drugs without consulting us.



INCLUDED:

- Private transport between Cusco and Ceremony Center.
- 1 night of accommodation at the Center
- Ayahuasca session
- The retreat is available for any date you require,
- Includes personalized translation/assistance during the whole ceremony.

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WHAT TO BRING AND ADVICE

- Just in case, you can take personal medication for the sickness of altitude, you will find drugstores there are many around the main street Av El Sol or near to the main square of Cusco.
- Please make sure to inform us about your health/physical restrictions in advance or something that You consider that We should know.
- If you pay the remaining balance (USD currency) or buy a souvenir (some cash in soles, the local currency), it is advisable to bring some cash. You can get some money from the ATM machine that are located in the center of the City of Cusco.
- Be always ready for rain and cold, take some rain poncho water proof clothes and warm clothes. Proper hiking boots.
- Insect repellent, some insects are really annoying especially at low altitude, you will probably visit Machu Picchu if so this tip is for you.
- Original Passport is very important to enter to Machupicchu.





WHAT ARE YOU WAITING FOR

BOOK NOW



WHITH THE BEST?

**TERMS &
CONDITIONS:**



**PERSONAL DATA
PROTECTION
POLICY**

