



# Humantay Lake

**Full Day**



# HUMANTAY LAKE

## Full Day



**Trek 1:30 hrs**  
**Humantay Lake**  
4200 mt./ 13780 ft



**Lunch & Rest Area**



**Trekk**



**Minor Road**



**Mayor Road**



**Rail Road**



**Starting Point**  
**CUSCO**  
3350 MT./ 10990 FT

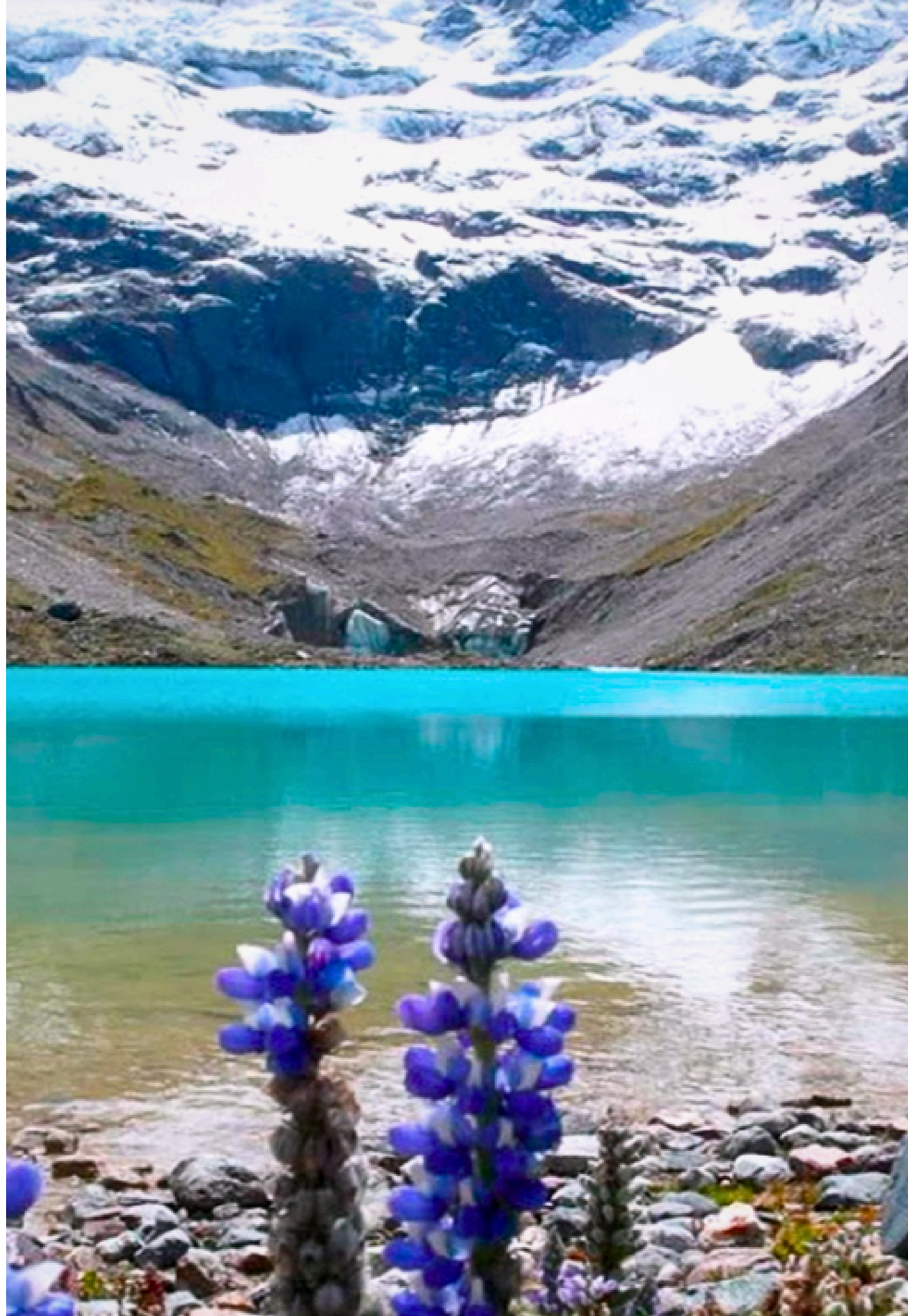
**MOLLEPATA**  
2850 mt./ 9350 ft



**Trekking Start Point**  
**CHALLACANCHA**  
3800 mt./ 12467 ft

**SORAYPAMPA**  
3900 mt./ 12795 ft





## OVERVIEW AND HIGHLIGHTS

Be amused with the majestic turquoise waters of the Humantay Lake, start this hike with a beautiful landscape and reach the glacier-based Lake. Humantay Lake, or Laguna Humantay, sparkles in the Andes Mountain range like an emerald jewel. Its brilliant green and blue water makes it one of the most well-known lakes in Peru, as well as one of the top day trips from Cusco. Below you will find all the information you need to visit this hidden gem.

This extremely photogenic lake is located about 75 miles northwest of Cusco and just south of Machu Picchu. Humantay sits snugly between Humantay Mountain and Salkantay Mountain. In fact, it is a popular branch-off hike when trekking along the Salkantay Trail, an incredibly scenic alternative to the Inca Trail. Humantay sits over the Vilcabamba mountain range.



EXTENSION  
AMAZON FROM  
CUSCO"



TOUR GUIDE



FROM 2 TO MORE  
PEOPLE

USD 99.00

# 1 DAY

## ● CUSCO - HUMANTAY LAKE - CUSCO

We start early in the morning (around 4am) with your mountain guide and our driver picking you up from your hotel. We will go to Mollepata, an approximately 3 hour drive.

The first stop of the day will be at Mollepata to have breakfast at a local restaurant and fill us with the energy we'll need to continue our trip up to Soraypampa at 3920m.a.s.l. After a brief rest we will prepare ourselves to start the trek upwards, the path will become steeper each time we advance until we reach the highest point of the trail, on our way crossing wonderful landscapes surrounded by a beautiful set of mountains. We will hike to Humantay Lake for approximately 2 hours.

You will surely be impressed with the panoramic view of seeing the turquoise lake at 4200 masl. 13779 ft on the basis of an astounding glacier.

We will return descending the same way for 2 hours; our transportation will be waiting for us to return to the same local restaurant, we will have lunch and return to Cusco at approximately 5pm.



- **MEALS:** BREAKFAST AND LUNCH
- **NIGHT:** NOT INCLUDED
- **ACTIVITY LEVEL:** MODERATE TO CHALLENGING
- **WALKING DISTANCE:** 7 KM/4.34 MI
- **WALKING TIME:** 4 HOURS
- **MINIMUM ELEVATION:** 3,800 M/ 12467 FT
- **BASECAMP ELEVATION:** 3,900 M/12975 FT

## WHATS IS INCLUDED:

- Pick up from your hotel in Cusco.
- Professional Bilingual English-speaking tour guide
- Pre-Departure Briefing at your hotel 1 or 2 days before your trek.
- Tourist transport from Cusco to Soraypampa (beginning of trek).
- Breakfast and Lunch (Local restaurant)
- Entrance ticket to the Humantay Lake.
- First aid kit equipment.
- Transportation back to Cusco.
- 01 Trekking pole

## DOES NOT INCLUDED:

- Personal snacks and water.
- Tips-Gratuities
- Travel Insure



## WHAT TO BRING:

- Proper Hiking boots.
- Waterproof gloves.
- 01 hat with neck and face protector.
- Poncho.
- Sun block: Factor 70 or more.
- Sunglasses with UV protection.
- 01 waterproof jacket.
- Personal medication.
- Bottle of water.
- Water and Snacks



## ADVICES:

- You can acclimatize to the altitude in one or two days; this will depend on how your body reacts; you can take some personal medication.
- In case you need to pay the remaining balance, it is advisable to take some cash. You can get some money from the ATM machines that are located in the center of the City of Cusco.
- Proper warm clothes, at that altitude is quite cold and windy, a bandana will be helpful.
- Extra snacks are always recommended.
- Travel insurance, this from your side, always recommended.





**WHAT ARE YOU WAITING FOR**

**BOOK NOW**



**WHITH THE BEST?**

**TERMS &  
CONDITIONS:**



**PERSONAL DATA  
PROTECTION  
POLICY**

