

"The Lares Trek"

04 Days / 03 nights

PRICES PER PERSON:

<i>Group size</i>	<i>From 2 to more people</i>
Price	USD 599.00

OVERVIEW AND HIGHLIGHTS:

Explore the beautiful landscapes of Queuñas, magic lagoons and warm people during this 4-day adventure. Here you will have the opportunity to enjoy an off-the-beaten path interacting with local villagers and of course, discovering Machu Picchu.

This adventure tour is also known as the Weavers' Circuit because along the way, you will learn the ancestral weaving techniques of the native villages. The Lares Trek has a medium difficulty. Compared to the Inca Trail or the Salkantay Trek, this route is less arduous. The difference is that its trails are located in high altitude geographies.

ITINERARY:

DAY 01: CUSCO – CANCHA CANCHA

We leave Cusco at 4.00am in a private transport and drive for 2h towards Huarán, the starting point of our trek. On this first day, we walk for approximately 5h following an uphill path that starts in a valley with lush vegetation and that will take us to our first campsite in Cancha Cancha, a small farming community in the middle of a spectacular mountain scenery. We will stop for lunch along the way. Once we get to Cancha Cancha, we set our camp and get to know the local people and their way of living.

- **MEALS:** Lunch, Dinner
- **ACCOMODATION:** Cancha Cancha Campsite
- **ACTIVITY LEVEL:** moderate to difficult.
- **WALKING DISTANCE:** 7/8 km
- **WALKING TIME:** 4/5 hours



- **MINIMUM ELEVATION:** 2256m / 7419.57ft
- **MAXIMUM ELEVATION:** 3950m / 12959FT

DAY 02: CANCHA CANCHA - QUEUÑACOCOA LAGOON

We leave our camp after breakfast to start walking along an ascending path that will lead us to the first mountain pass of the trek, the Abra Pachacutec (4400m/14432ft/3h), from which we can enjoy awesome views of glacier lagoons and the surrounding valleys. Along the hike, we may also have spectacular views of the snow-capped mountains in the area, such as Colquecruz, Minas and Sirijuani.

We will have lunch after the pass, to then descend to Quiswarani, a small peasant and textile community, from where we continue following an uphill path until we reach the beautiful lagoon of Queuñacocha, where we set up our second camp.

- **MEALS:** Breakfast, Lunch, Dinner
- **ACCOMODATION:** Queuñacocha Campsite.
- **ACTIVITY LEVEL:** Challenge
- **WALKING DISTANCE:** 7km
- **WALKING TIME:** 03/04 hours
- **MINIMUM ELEVATION:** 3950m / 12959ft
- **MAXIMUM ELEVATION:** 4400m/14432ft

DAY 03: QUEUÑACOCOA LAGOON – AGUAS CALIENTES

Today we continue our hike towards the second mountain pass, the Abra Willkiccasa (4100m/13448ft/2h), offering impressive views of both sides of the pass, especially of the Colquecruz and Pitusiray mountains. The trail continues along changing puna, lakes and agricultural areas with roaming deer until we arrive in Cuncani 3h later, another small peasant community from where we follow our hike down a fertile valley with more vegetation, crops and agricultural communities. Along the trail we may see native flowers such as begonias and wild orchids. After an approximated 2h walk we arrive in Lares, capital of the district with the same name, a large village whose principal attraction are its pleasant hot springs, where we can enjoy a dip. After lunch, our private transport will drive us to Ollantaytambo, where we board an afternoon train that will take us to Aguas Calientes. Upon arrival, we are accommodated at the selected hotel.


- **MEALS:** Breakfast, Lunch.
- **ACCOMODATION:** 3*** Hotel at Aguas Calientes
- **ACTIVITY LEVEL:** Moderate to Difficult
- **WALKING DISTANCE:** 04 km
- **WALKING TIME:** 02 hours
- **MINIMUM ELEVATION:** 2040m / 66692ft
- **MAXIMUM ELEVATION:** 4100m/13448ft

DAY 04: MACHU PICCHU - CUSCO

After an early breakfast, we board a bus to go up to Machupicchu and then immediately begin a complete guided tour of the Inca citadel that will take approximately two hours. In the afternoon, we meet in the town of Aguas Calientes where, if you like, you can visit and relax in its hot springs. From here we take the train back and Bus to the city of Cusco, where we arrive after nightfall.

- **MEALS:** Breakfast, Lunch.
- **ACCOMODATION:** 3*** Hotel at Aguas Calientes
- **ACTIVITY LEVEL:** moderate.
- **WALKING DISTANCE:** 02km
- **WALKING TIME:** 2 hours
- **MINIMUM ELEVATION:** 2040m / 66692ft
- **MAXIMUM ELEVATION:** 4100m/13448ft

WHAT IS INCLUDED

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- Pick up from your hotel in the morning and transfer in private transport to start point of the trek.
 - 1D Machupicchu entrance fee.
 - Campsite fees.
 - Personal tents: 2 people in each 4-people-capacity tent, to allow for higher comfort and a safe keeping of backpacks. Our tents are 3-season, highly maintained to ensure an excellent performance in field.
 - Dining tent with tables and chairs.
 - Kitchen tent.
 - Toilet tent with bio-degradable toilet facilities.
 - English speaking professional and official tourist guide (2 guides for groups of over 8 people).
 - Chef and cooking equipment.
 - Pack animals (to carry tents, food and cooking equipment).
 - Pack animals to carry personal gear up to a maximum of 7kg per person (including sleeping pad and sleeping bag).
 - Accommodation for all our staff.
 - Meals (02B, 03L, 02D). Vegetarian menu is available at no extra cost.
 - Filtered boiled water from lunch time on 1st day onwards.
 - First-aid kit including emergency oxygen bottle.
 - Private transport from Lares to Ollantaytambo.
 - RT bus ticket Aguas Calientes – Cusco – Aguas Calientes.
 - Train ticket Ollantaytambo – Aguas Calientes – Cusco/Sacred Valley (Expedition, Vistadome or Hiram Bingham service, upon request) (*).
 - Transfer train station – hotel in Cusco.
 - 24-h guest service: please ask for the emergency number available during your time of visit.
 - Accommodation in Aguas Calientes or Machupicchu on day 3.

WHAT IS NOT INCLUDED

- Breakfast on the first day.
- Dinner on the third day.
- Breakfast, lunch and dinner on the last day: after the guided tour at Machupicchu, you can enjoy free time to further visit the ruins and choose to have lunch either in Machupicchu or in Aguas Calientes at your own expense. Arrival in Cusco is estimated after nightfall, dinner being at your own expense too.
- Visit to the hot springs in Aguas Calientes: a relaxing way to end-up the program while you're awaiting the return train to Cusco, only 10 minutes from the village center, entrance fee is s/10.00 (Peruvian Soles). Towels can be hired in Aguas Calientes.
- Huayna Picchu entrance fee: if you would like to climb this mountain an additional fee of US\$ 70.00 per person.
- Travel Insurance - You are strongly recommended to take out travel insurance for the duration of your trip.
- inflatable sleeping pad.
- sleeping bag per person: You are able to rent from us : our sleeping bags are - 10°C-comfort ,mummy form.
- Tips for Porters, chefs and trek guides.
- Personal Snacks.
- Personal tent, if you want it is 40 USD extra for the trip.

WHAT TO BRING AND ADVICES

- It is really advisable and important that you arrive to Cusco at least 2 days prior the trek, in order to acclimatize to the altitude. Just in case, you can take personal medication which You can get at the drugstore there are many around the main street Av El Sol or near to the main square of Cusco.
- Please make sure to inform us about your health/food/physical restrictions in advance so we can prepare them for you.
- In case you need to pay the remaining balance, it is advisable to take some cash. You can get some money from the ATM machine that are located in the centre of the City of Cusco.
- Be always ready for rain and cold, take some rain poncho water proof clothes and warm clothes. Proper hiking boots.
- Insect repellent, some mosquitos are really annoyed specially at lower altitude.
- Original Passport is very important to enter to Machupicchu.

TERMS & CONDITIONS: <https://crossoverperu.com.pe/booking/term-and-conditions/>