

# “The Inca Trail Trek”

## Full Day

### PRICES PER PERSON:

<i>Group size</i>	<i>From 2 to more people</i>
<i>Price</i>	<b>Please contact us</b>

### OVERVIEW AND HIGHLIGHTS:

The Inca Trail to Machu Picchu is one of the most famous trekking routes in the world and even if you are short of time, you can still get a taste of what people rave about! The Short Inca trail is shorter than the Traditional Inca Trail, but an interesting Full Day program that joins the classical 4-day route at the impressive archaeological site of Wiñaywayna, continuing through the famous Inti Punku or Sun Gate. The Inca Trails is called in Quechua “the Inka Language” Qhapaq Ñan - refers to the network of trails) were without a doubt is one of the marvels of Tahuantinsuyo, according to the Peruvian historian, José Antonio del Busto, who explains that the Inca “King” Huayna Capac most increased the network of trails in order to quickly mobilize his army.

### ITINERARY:

#### **DAY 01: CUSCO – KM 104 – WIÑAY WAYNA – MACHU PICCHU - CUSCO**

You will be picked up at your hotel around 5.30am (depending on train time) and transferred to the Ollantaytambo train station. We travel by train, on a very picturesque route for 2 and a half hours until we reach kilometer 104 - the start of the trail for us. Shortly after crossing the bridge over the Rio Urubamba, we visit the site of Chachabamba which is a lovely ruin with its water channels and fountains. (Altitude 2050m)

From here, we will hike upwards for about 8km (approximately 4 hours). The trail is well established, but there are still many stairs and the hike are mostly upwards! While this is one of the easiest treks around the Cusco region, you still need to have a reasonable level of fitness to complete it. After our upwards climb, we arrive at the Inca site Wiñay



Wayna ('Forever Young') (2680m/8792ft). This is an impressive complex made up of an agricultural center with numerous terraces, a religious sector and an urban sector. Many consider this the most impressive site on the whole Inca Trail.

We will have our boxed lunch at Wiñay Wayna. We will then continue for about one hour further into 'Inti Punku' (The 'Sun gate') (2730m/8792ft) from where you will have your first dramatic and impressive view of Machu Picchu (2400m/7873ft). A walking tour (approximately 2 hours) is given by your guide and after the tour, you will have time to explore the ruins on your own. We suggest taking the bus down around 05:00 pm to Aguas Calientes to enjoy dinner at one of the many restaurants there. Be sure to arrive at the train station 30 minutes before your departure. Our train schedule is usually at 7:00 p.m. to Ollantaytambo, where you will catch our private transportation for another two-hour drive back to Cusco. Train time can change according to Availability.

If desired, an extra night in Aguas Calientes can be arranged. This option is very popular as it allows more time to explore Machu Picchu. (But please note if you visit Machu Picchu a second day you need to purchase the ticket again)

- **MEALS:** Lunch
- **NIGHT:** Not included
  
- **ACTIVITY LEVEL:** Moderate to Challenge
- **WALKING DISTANCE:** 13km/8,08mi
- **WALKING TIME:** 6/7 hours
- **MINIMUM ELEVATION:** 2040m/6693ft
- **MAXIMUM ELEVATION:** 2720m/ 8924ft

**IMPORTANT** – government regulations will not allow reservations to be made unless accompanied by full passport details of the client and full payment of the entrance fee to the Sanctuary. This is to assist in the 500 people a day rule. Therefore, to guarantee your place on the Inca trail you must provide a scanned copy of your passport and a non-refundable deposit. Your reservation will only be confirmed when we have your entrance ticket in our hands. In case of passport number change this information must be relayed to us or you will lose your booking. Original passport must be carried on the trail. All times noted are approximate.

### **ITINERARY NOTES:**

The times cited in this itinerary are approximate. Walking times depend on the group and the guide can change lunch spots and campsites, depending on the progress of the group. Each guide has their own preferred route and it might not correspond exactly to the route described here.

This is now a non-camping trip, but still requires a degree of fitness and adventurous spirit. Considering an extra night in Aguas Calientes? (Please check out linked page) We can change the date of your train ticket to the following day. Hotels costs and costs



associated with returning to Machu Picchu the following day are additional to trek costs. Please also note that your entry ticket to Machu Picchu is valid for one day only, if you wish to visit the ruins on a second consecutive day you will need to purchase the ticket again.

Aguas Calientes upgrade package (optional).

This is an upgrade package for treks that already include a night stay in a hotel in Aguas Calientes, but you would like to upgrade the standard of hotel, meals and train service. This price doesn't change depending on the number of people in the group.

\*\* For Prices, please refer to the Aguas Calientes Upgrades page \*\*

\*\* The difference between the Standard option, and the Comfort Plus option, is the standard of the hotel.

Standard Option includes - a night 3 stars hotel, like La Cabaña (standard), Inti Inn (standard). These are nice hotels, with a little more category than the average Aguas Calientes Hotel - well decorated, and clean. Comfort Plus Option includes - a night in a higher price range 3 star hotel, like El Mapi or Taypikala. Both are new hotels with careful attention to detail. Both packages include the same meals and trains.

Dinner at one of Aguas Calientes "best" restaurants, like Indio Feliz or Tree House restaurant.

Buffet lunch at Tinkuy Restaurant, located in the Machu Picchu Sanctuary Lodge.

With limited eating choices at Machu Picchu hunger tends to send clients to Aguas Calientes; by including the buffet lunch we find that clients can visit Machu Picchu early, then go to the buffet to try lots of different Peruvian (and Western) dishes, and then rest and go back for a second look at Machu Picchu.

Return in Vistadome train rather than Expedition train, which gives you the opportunity for a more varied timetable and to return in a nicer train, with big windows in the roof."

## **WHAT IS INCLUDED**

- Pick up from your hotel in the morning of trek departure.
- Transport from Cusco to the train station.
- Train ticket to Km 104 (Beginning of the Inca Trail).
- Inca Trail Permit.
- English/Quechua/Spanish speaking professional guide (you will have an assistant guide for groups over 9 people).
- Box Lunch (optional vegetarian food).
- First aid kit including emergency oxygen bottle.
- Bus ticket from Machu Picchu to Aguas Calientes.
- Train ticket (Expedition service) from Aguas Calientes to Ollantaytambo.
- Private transport from Ollantaytambo to Cusco.

## **WHAT IS NOT INCLUDED**



- Breakfast and Dinner.
- Night Hotel.
- Tips.
- Walking sticks lightweight aluminum (\$5.00 per day, per stick) Two sticks are recommended for tough hikes.
- Travel Insurance - You are strongly recommended to take out travel insurance for the duration of your trip.

### WHAT TO BRING AND ADVICES

- You can acclimate to the altitude in one or two days this will depend on how your body reacts; you can take some personal medication, there are some drug stores around the main square of Cusco up to your preference.
- In case you need to pay the remaining balance (USD Currency) or for buying any souvenirs (Some Cash in soles the local currency), it is advisable to take some cash. You can get some money from the ATM machines that are located in the center of the City of Cusco.
- You need to bring your original passport; this is very important to enter Machupicchu, the train station.
- Rain poncho, rain jacket, proper hiking boots. Be prepared for rain always.
- Insect repellent.
- Sun block, and a hat to cover your face and head the Sun is really strong.
- A bottle of water or a metallic one, you will need to be hydrated.
- A book to read in the train will be two hours ride (just one way) approximately the same on the transport back to Cusco.
- Travel insurance from your site, always recommended.
- If You have more days free let us know in order to let You know what You can do there are many new options that you don't want to miss.

— Tour Operator —

**TERMS & CONDITIONS:** <https://crossoverperu.com.pe/booking/term-and-conditions/>