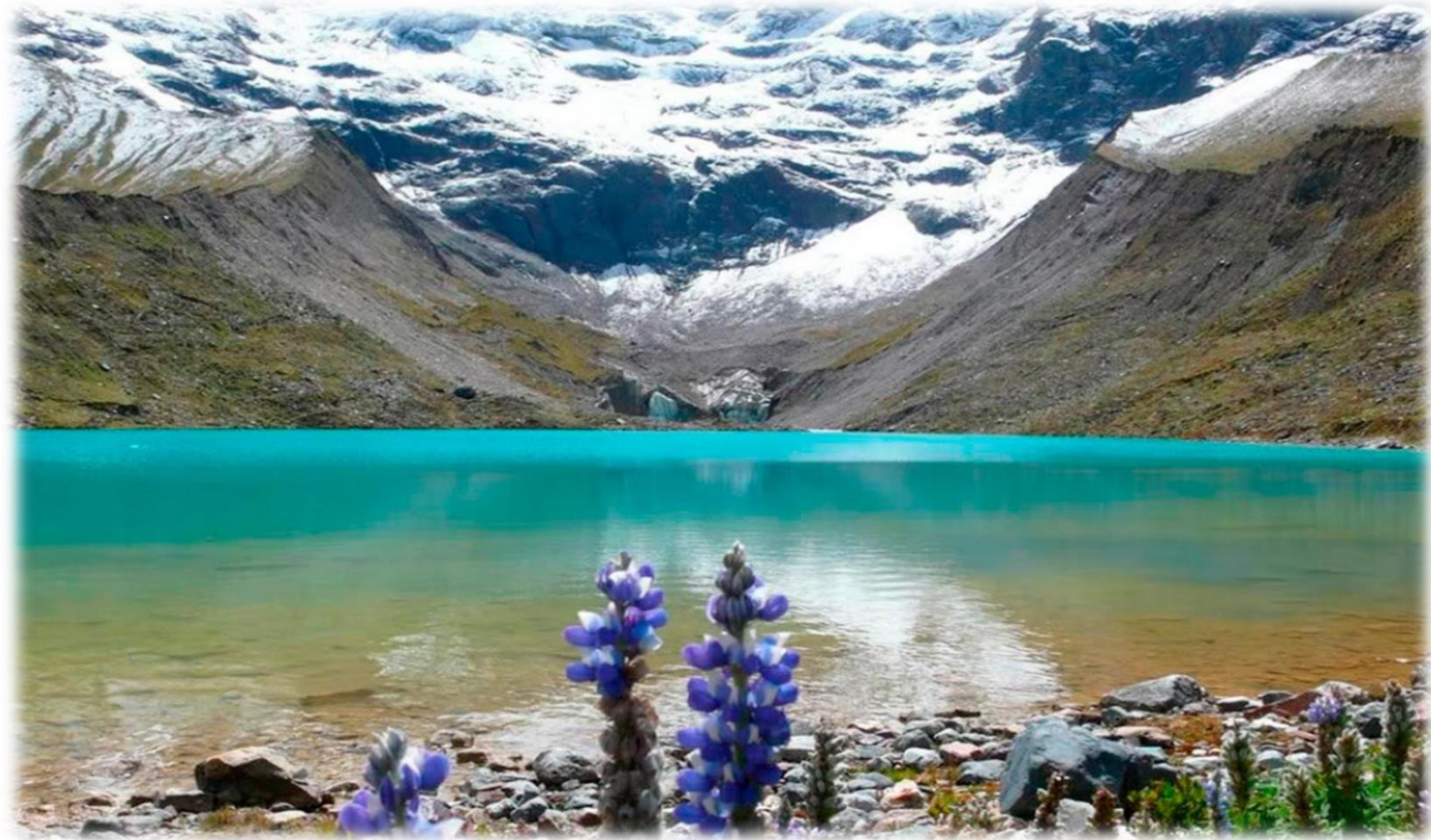


“Humantay Lake”

Full Day



PRICES PER PERSON:

<i>Group size</i>	<i>From 2 to more people</i>
<i>Price</i>	USD 99.00



OVERVIEW AND HIGHLIGHTS:

Be amused with the majestic turquoise waters of the Humantay Lake, start this hike with a beautiful landscape and reach the glacier-based Lake. Humantay Lake, or Laguna Humantay, sparkles in the Andes Mountain range like an emerald jewel. Its brilliant green and blue water makes it one of the most well-known lakes in Peru, as well as one of the top day trips from Cusco. Below you will find all the information you need to visit this hidden gem.

This extremely photogenic lake is located about 75 miles to the northwest of Cusco and just south of Machu Picchu. Humantay sits snugly between Humantay Mountain and Salkantay Mountain. In fact, it is a popular branch-off hike when trekking along the Salkantay Trail, an incredibly scenic alternative to the Inca Trail. Humantay falls along the Wilcabamba mountain range.

ITINERARY:

DAY 01: CUSCO – HUMANTAY LAKE - CUSCO

We start early in the morning (around 4am) with your mountain guide and our driver will pick you up from your hotel. We will go to Mollepata for approximately 3 hours.

The first stop of the day will be at Mollepata to have breakfast at a local restaurant and fill us with the energy we'll need to continue our trip up to Soraypampa at 3920m.a.s.l. After a brief rest we will prepare ourselves to start the trek upwards, the path will become higher each time we advance until we reach the highest point of the trail, on our way crossing wonderful landscapes surrounded by a complex of mountains. We will hike to the Humantay Lake for approximately 2 hours.

You will surely be impressed with the panoramic view of seeing the turquoise lake at 4200 masl. 13779 ft. close to an astounding glacier.

We will return the same way for more 2 hours; our transportation will be waiting for us to return to the same local restaurant, we will have a lunch and return to Cusco at approximately 5pm.

- **MEALS:** Breakfast and Lunch
- **NIGHT:** Not included
- **ACTIVITY LEVEL:** moderate to Challenge
- **WALKING DISTANCE:** 7 km/4.34 mi
- **WALKING TIME:** 4 hours
- **MINIMUM ELEVATION:** 3,800 m/ 12467 ft
- **BASECAMP ELEVATION:** 3,900 m/12975 ft

WHAT IS INCLUDED

- Pick up from your hotel in Cusco.
- Professional Bilingual English-speaking tour guide.
- Pre-Departure Briefing at your hotel 1 or 2 days before your trek.
- Touristic transport from Cusco to Soraypampa (beginning of trek).
- Breakfast and Lunch (Local restaurant)
- Entrance ticket to the Humantay Lake.
- First aid kit equipment.
- Transportation back to Cusco.
- 01 Trekking pole

WHAT IS NOT INCLUDED

- Personal snacks and water.
- Tips-Gratuities
- Travel Insurance

WHAT TO BRING:

- Hiking boots.
- Waterproof gloves.
- 01 hat with neck and face protector.
- Poncho.
- Sun block: Factor 70 or more.
- Sunglasses with UV protection.
- 01 waterproof jacket.
- 01 waterproof trousers.
- Personal medication.
- Bottle of water.
- Camera and extra battery.
- Water and Snacks



WHAT TO BRING AND ADVICES

- You can acclimate for the altitude in one or two days this will depend on how your body react; you can take some personal medication.
- In case you need to pay the remaining balance, it is advisable to take some cash. You can get some money from the ATM machine that are located in the centre of the City of Cusco.
- Rain poncho, rain jacket, proper hiking boots.
- Proper warm clothes, at that altitude is quite cold and windy a bandana will be helpful.
- Sun Glasses.
- Sun block. The sun is really strong You will need to protect your head (with a hat) and skin.
- Extra snacks always recommended.
- A bottle of water.
- Travel insurance this from your site, always recommended.

TERMS & CONDITIONS: <https://crossoverperu.com.pe/booking/term-and-conditions/>